

CHEF SARA RHODES

FRESH CARROTS WITH BUTTER AND MEDITERRANEAN SEASONING BLEND

4 large carrots, peeled and cut into coins
on the bias
2 tsp. butter
2 tsp. Mediterranean Season Blend

Place the carrots in a steamer pan and
steam until tender, about 8 to 10 minutes.

Remove the carrots from the steamer
basket or pan. Empty the water from the
steamer pan and add the carrots,
seasoning blend and salt and pepper.

Mix until butter is melted. Serve.

